

# EDAABTA QOLKA DHAR DHAQIDA

## SAMEE:

- Si waqtiyeysan uga bixi dharka mashiinnada iyo qalajiyeyaasha
- Sug 15-20 daqiiqo kadib marka wareeggu dhammaado kahor inta aadan ka bixinin mashiinta dharka qof kale
- Ku rid dharka ay dadka kale dhaqeen dambiisha dharka ama dul saar mashiinta haddii aad ka saarto mashiinta
- Qolka dhar dhaqida iyo mashiinta ha ahaadaan mid kuwo nadiif ah. Nadiifi meelaha waxyaabaha daata iyo wasakhda.
- Faaruji saxaarada shaandheyso wasakhda marka la bogo adoo isticmaalaya qalajiyey
- U celi dhammaan dharka haray qofkii lahaa
- Hubi jeebabka dharkaaga kahor inta aadan gelinin mashiinta dhar dhaqida
- Xushmee dharka dadka kale

## HA SAMEYN:

- Dharka ha kaga tagin mashiinta dharka ama qalajiyaha kadib marka wareegu dhammaado
- Ha ku tuurin dharka dadka kale dhulka markaad ka saarayso mashiinta
- Ha isticmaalin mishiinnada oo dhan. Had iyo jeer wadaag mishiinada oo dhaaf ugu yaraan hal mishiin si ay dadka kale u isticmaalaan
- Ha ku badin dharka mashiinada dharka ama ha isticmaalin wasakhtire aad u badan
- Ha uga tagin dharka ama dambiisha dharka bartamaha sagxada si aysan dadka kale ugu kufin
- Ha ku khasbin qof kale inuu nadiifiyo markaad isticmaasho kadib
- Wax dhar ah ha uga tagin mishiinada

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